

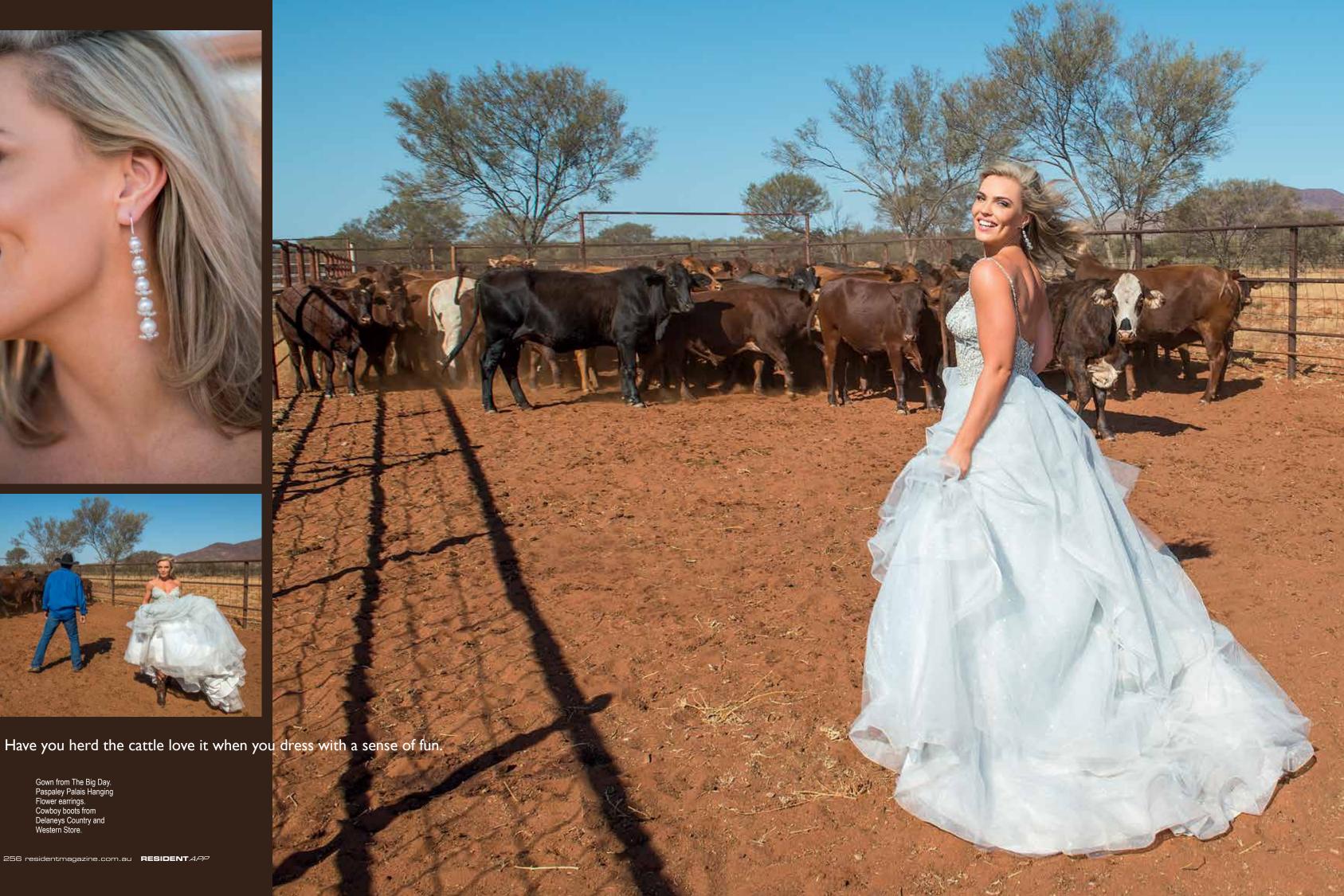








Gown from The Big Day. Paspaley Palais Hanging Flower earrings. Cowboy boots from Delaneys Country and Western Store.











FROM TERRITORY FOOTY TO WORLD TV

Between playing in the AFL women's league, working within AFL broadcasting in TV and radio and running her activewear business Esnetica, she's travelling around the Northern Territory experiencing and talking about what's on offer for her television show 'Living the Dream with Abbey Holmes'. 'It's been crazy,' she explains. 'But I'm enjoying every minute. The Territory has so much to offer, and I'm so lucky to experience it firsthand. The fishing, nature, exploring and being able to tell the world about our wonders — I love it.' Three episodes of the first season were filmed late last year before the AFLW Season. The remaining six will conclude over the next few months. The show is also about to go global across 400 countries and over 600 million viewers. 'The exposure for the Territory will be phenomenal. It's so exciting.' Growing up on a South Australian farm, Abbey adores being outdoors; it's in her blood, and she confesses to being a bit of a tomboy.

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'lt's why I've always got my hair tied up, ready to get my hands dirty and never worn much make-up. I'm also not good at fluffing around with those

But at a fit 170-centimetre 27-year-old with long blonde locks, Abbey is also perfect model material, as the Resident photo shoot at Narwietooma

also perfect model material, as the Resident photo shoot at Narwietooma Station in Central Australia shows.

'Narwietooma is stunning. I've been to Alice Springs, but had no idea a working cattle station could also be so beautiful,' she smiles. 'While I'm used to being in front of a TV camera, I was nervous about modelling for Resident. But it was great. The boys were fabulous and fun to work with, and I must confess I loved having my hair and make-up done. I could get used to it.'

If all this isn't enough, Abbey is also in training to soar to even greater heights

— 5640 metres to Mount Everest's base camp in November, raising funds for the Little Heroes Foundation.

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'It's a massive challenge for our group, but an extremely worthwhile cause and I'm looking forward to it.'

Abbey's life is much more than a dream.



