



## HELEN SUMMERS THE FASHION OPTOMETRIST

PHOTOGRAPHED BY MARK AND TIM STYLING BY JO MOO



Resident Magazine has a proud history with Helen Summers. As the Territory's leading optometrist, Helen's remote optometry clinics provide our outback neighbours the very best eye care and is well known for her fashion sense, providing up to the minute optical eyewear to adorn your face. Our fashion pages over the years have featured Helen's eyewear in the most unique locations on some of the most beautiful faces. Call into Helen Summers Optometrists on The Avenue and see her latest collections of frames. While you're there book an eye test with the best. The Avenue, 12 Salonika Street Parap, NT. T: 8995 9595 E: admin@helensummersoptometrist.com.au



For 20 years family-owned and operated Helen Summers Optometrist has been providing exceptional eyecare to Territorians of all ages. She's not just making a difference to the lives of others from her clinic in Parap, Helen has eight visiting clinics across 1500 square kilometres of the Top End too.

Helen Summers at her practice on The Avenue.

### RESIDENT EYECARE

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'I'm interested in dry eye, glaucoma and macular management, children's vision and Indigenous health,' said Helen. 'My visiting clinics provide support to communities where the rate of blindness in Indigenous adults is six times the rate of non-indigenous adults. Access to eye examinations is paramount to reduce preventable blindness. We provide donated glasses and sunglasses in our Top End clinics.' The practice is also an Australian training practice for the latest eye health technology and final year optometry students from interstate Universities. 'We've formed a partnership with Flinders University to host final year optometry students for training, mentoring and practical assessment,' she said. 'We embrace the latest innovation and research, and use our passion and skills to offer the best vision care.'

The practice offers exclusive European eyewear and new technology Nikon lenses. Helen and her clinic are multi-national award winners. Helen is a 2013 National Telstra Business Women of the Year, 2014 Australia Business Woman's Hall of Fame Inductee and Helen Summers Optometrist, the 2012 Outstanding Practice of the Year. This 5-Star National Accreditation endorses the efforts of all her staff in providing exceptional quality care. Helen Summers Optometrist operates Mon-Fri 8am to 5pm and after hours by appointment; at Shop 105, The Avenue, 12 Salonika Street Parap, NT. T: 8995 9595 E: admin@helensummersoptometrist.com.au