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If you have acne, you're far from alone. By the age of 24 more than 85 percent of adolescents and young adults will have had acne at one time or another, and up to 50 percent of adults experience acne after they turn 25. Acne is one of the world's most common skin issues and one of the most misunderstood. 'We see a lot in Darwin because of our climate,' Holly says. 'Diet alone isn't the direct cause of acne, it's the excess production of oil combining with skin cells to clog the sebaceous glands. The redness and inflammation of acne caused by p.acnes bacteria produce chemicals called porphyrins. Using our VISIA Complexion Analysis System, porphyrins and excess oils can be measured. This information helps us develop a treatment plan to correct the issue. While acne cannot be prevented or cured, early intervention is the answer. I can't stress how important it is to consult with us before it gets worse. Often we can treat the skin without the use of medications. With 15 years' experience collectively, we have the perfect solution for all ages, including pregnant women.' TLC's exclusive medical-grade Omnilux LED Light Therapy is one. Alternating between blue and red LEDs destroys the bacteria responsible for the inflammation,

stimulates cell growth, decreases inflammation and pore size, and stabilises oil production in the future. A medical-strength chemical peel is another option. Peels work towards building, strengthening and repairing the skin without undue pain and downtime. TLC's clinical peels prevent new acne lesions from forming, offer a deep exfoliation, and soften and help remove blackheads. TLC patients have access to medical-grade cosmeceutical skincare products, which work towards correcting the function of the skin. Sourced from Australia and the USA, cosmeceuticals ensure patients can continue their treatment plan at home. 'Home care is vital, contributing towards 70 percent of a patient's result,' Holly says. TLC offers the best technology and professional services within a patient's budget, without compromising on safety or results. 'We're a result-orientated clinic,' she says. 'We're dedicated to helping you look and feel your best.'

If you want to transform your skin, call the professionals at Territory Laser Clinic, Suite 28, 119 Reichardt Road, Winnellie. Ph: 8984 4110 www.territorylaserclinic.com.au